**MAR ATHANASIUS CHAMPIONSHIP- 2019-2020**

**TRACK & FIELD**

(BOYS & GIRLS)

1. The meet shall be conducted according to the rules of Athletic Federation of India.

2. A school can field only two athletes in each individual event and a relay team.

3. An individual can participate in two events and a relay event.

4. The various age categories and list of events in which competition will be held:-

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sub-Junior** | | **Junior** | | | **Senior** | |
| **Boys** | **Girls** | **Boys** | **Girls** | | **Boys** | **Girls** |
| 50M | 50M | 100M | 100M | | 100M | 100M |
| 100M | 100M | 200M | 200M | | 200M | 200M |
| 200M | 200M | 400M | 400M | | 400M | 400M |
| 4X100M  Relay | 4X100M  Relay | 4X100M  Relay | 4X100M  Relay | | 1500M | 800M |
| Long Jump | Long Jump | Long Jump | Long Jump | | 4X100M  Relay | 4X100M  Relay |
| Shot Put  (3 kg) | Shot Put  (3 kg) | High Jump | High Jump | | High Jump | High Jump |
|  | | Shot put (4 kg) | | Shot put (3 kg) | Long Jump | Long Jump |
|  |  | | Shot put (5 kg) | Shot put (4 kg) |
|  | |  |  | | Discus Throw | Discus Throw |

4. Each school will submit event-wise list of participating Athletes (detailed entry) on the prescribed format. The detailed entry list must be signed by the principal of the school concerned with seal.

6. On the spot entry/changes will not be permitted.

MAR ATHANASIUS CHAMPIONSHIP

Athletics

ENTRY FORM

**Name of the School:**

**Category:** **Sub Junior Boys** (Born on after 01.01.2010)

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **SL No.** | **Name** | **DOB** | **50M** | **100M** | **200M** | **Long Jump** | **Shot put** | **4x100M** |
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\*A school can feed only two athletes in each individual event and a relay team.

**Name of the Manager (Tel No) : Name of the Coach (Tel No) :**

**Principal Signature School Seal**

MAR ATHANASIUS CHAMPIONSHIP

Athletics

ENTRY FORM

**Name of the School:**

**Category:** **Sub Junior Girls** (Born on after 01.01.2010)

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **SL No.** | **Name** | **DOB** | **50M** | **100M** | **200M** | **Long Jump** | **Shot put** | **4x100M** |
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**Name of the Manager (Tel No) : Name of the Coach (Tel No) :**

**Principal Signature School Seal**

MAR ATHANASIUS CHAMPIONSHIP

Athletics

ENTRY FORM

**Name of the School:**

**Category** **Junior Boys** (Born on after 01.01.2006)

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| **SL No.** | **Name** | **DOB** | **100M** | **200M** | **400M** | **800M** | **Long Jump** | **High Jump** | **Shot put** | **4x100M** |
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**Name of the Manager (Tel No) : Name of the Coach (Tel No) :**

**Principal Signature School Seal**

MAR ATHANASIUS CHAMPIONSHIP

Athletics

ENTRY FORM

**Name of the School:**

**Category**: **Junior Girls** (Born on after 01.01.2006)

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| **SL No.** | **Name** | **DOB** | **100M** | **200M** | **400M** | **800M** | **Long Jump** | **High Jump** | **Shot put** | **4x100M** |
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\*A school can feed only two athletes in each individual event and a relay team.

**Name of the Manager (Tel No) : Name of the Coach (Tel No) :**

**Principal Signature School Seal**

MAR ATHANASIUS CHAMPIONSHIP

Athletics

ENTRY FORM

**Name of the School:**

**Category** **Senior Boys** (Born on after 01.01.2002)

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| **SL No.** | **Name** | **DOB** | **100M** | **200M** | **400M** | **1500M** | **Long Jump** | **High Jump** | **Shot put** | **Discus**  **Throw** | **4x100M** |
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**Name of the Manager (Tel No) : Name of the Coach (Tel No) :**

**Principal Signature School Seal**

MAR ATHANASIUS CHAMPIONSHIP

Athletics

ENTRY FORM

**Name of the School:**

**Category** **Senior Girls** (Born on after 01.01.2002)

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| **SL No.** | **Name** | **DOB** | **100M** | **200M** | **400M** | **800M** | **Long Jump** | **High Jump** | **Shot put** | **Discus**  **Throw** | **4x100M** |
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